






October is

Domestic Violence Awareness Month

No one deserves to be abused, and anyone can be a victim.

***Speak up:
Be part of
the solution***

Even simple actions can make a difference.

-  **Know the warning signs.**
-  **Learn safe and appropriate ways to raise the issue with friends and co-workers.**
-  **Take a stand to stop domestic violence.**

For assistance, contact:

- Your installation's Family Advocacy Program
- Domestic Abuse Victim Advocate
- National Domestic Violence Hotline at 800-799-7233

For more information, call Military OneSource at 800-342-9647.



Keep everyone in our community safe.

